Napier Counseling, Inc

REENTRY · BEHAVIOR SUPPORTS · COUNSELING

Napier Counseling, Inc provides structured, evidence-based programming and support — offered by a team with lived experience with incarceration, addiction, and recovery, who understand the work from the inside out. Led by President Brittany L. Napier, MA, MAEd., LPCC-S.

Services

Reentry Programming for Incarcerated Individuals
Built on Moral Reconation Therapy (MRT): MRT Mentor · Anger Management · Untangling Relationships · Trauma · Parenting · Staying Quit · Thinking for Good — plus an Employment Program and Getting Started orientation.

Behavior Supports — Acquired Brain Injuries / Developmental Disabilities
Functional Behavior Assessments and Behavior Support Plans centered on everyday life, independence, and quality of life. Cash-pay service.

Mental Health Counseling
One-to-one counseling for support, perspective, and practical work toward personal goals. Cash-pay service.

Track Record

President, Napier Counseling, Inc — since February 2014

Evidence-based program facilitator, Kentucky Department of Corrections — since 2012 (MRT, Anger Management, Relapse Prevention, Reentry, Seeking Safety, trauma psychoeducation)

Substance Abuse Program Director, Lee Adjustment Center (DOC Division of Addiction Services) — 2021–2024

Behavior Supports provider, Kentucky ABI Waiver — since November 2023

Certifications

MRT & Breaking the Chains of Trauma

Seeking Safety fidelity rater & supervisor

Interactive Journaling certified trainer

Certified Evidence-Based Practitioner

Motivational Interviewing (Advanced)

Cognitive Behavioral Therapy (CBT)

Partner with us

Facilities and organizations: send an inquiry through the Partners page at napier.fangnet.me/partners — tell us about your population and the programs you're interested in, and we'll follow up to talk fit and next steps. Full program details: napier.fangnet.me